

# Hellgate Elementary Continuing Education Classes

## Mandala Dot Art – Beginner

Learn to create beautiful Mandalas using acrylic paint, simple tools, and some easy-to-learn techniques. This class introduces “dotillism” (or dotting art) using the “mandala” form (Sanskrit for “circle”) to create a large variety of art projects. In this beginner class, you will spend the first hour “playing” with paint, color combinations and a number of different tools to learn the basic techniques. During the second hour, you will create two of your own lovely art projects: a mandala art magnet and sweet garden art stone to decorate your indoor plants. All materials will be supplied ... including some simple DIY tools to take home with you! All levels of artistic ability should enjoy this creative journey.

A-CR10 Hellgate EL/MID School \$23  
# Sessions-1 Day-Th, 3/14-3/14  
6:30 PM-8:30 PM Thorson, Barbara

## Mandala Dot Art – Continuing

This class is for those who have completed the beginner level or those with some experience in mandala dotting art and are ready to more fully explore the wide variety of applications this art form can take. We will learn techniques for creating complex, intricate patterns, multiple colors selection, acrylic paint types (including working with metallic paint), dot layering, “walking the dots”, corner dot “framing”, removing guidelines, and sealing your work. You will then have the opportunity to duplicate the unique pattern you have created onto a larger garden stone as an accent your canvas... a lovely art set to take home. Materials will be supplied.

A-CR11 Hellgate EL/MID School \$23  
# Sessions-1 Day-Tu, 4/16-4/16  
6:30 PM-8:30 PM Thorson, Barbara

## Gentle Yoga

If you are looking for a relaxing yoga class incorporating gentle poses and stretches to relieve stress and anxiety, this class is for you. It will include detailed instructions which will deepen your awareness of proper alignment in each pose. This is an excellent class for beginners or those who prefer a slower and easier pace. Yoga mat required.

F-YOG01.11 Hellgate EL/MID School \$31  
# Sessions-8 Day-Mo, 3/4-4/22  
5:30 PM-6:30 PM TBD, TBD

## Ukrainian Easter Eggs

Learn the wax resist method of dyeing eggs by creating your own Ukrainian Easter eggs. Each person should bring at least two ROOM TEMPERATURE eggs to the class and a way to transport their finished eggs home- empty egg carton or yogurt container, for example. Also, wear clothes that can get messy- all is washable but drips happen.

S-MISC13 Hellgate EL/MID School \$30  
# Sessions-1 Day-Tu, 4/2-4/2  
6:00 PM-9:00 PM Morrison, Barbara

## Beekeeping Basics

Do you have a desire for a self-sustaining food supply? Would you like to add a honey making operation to your existing food production? Find out in this informative class if beekeeping is a feasible option for you.

S-AN01 Hellgate EL/MID School \$38  
# Sessions-2 Day-Tu Th, 4/2-4/4  
6:00 PM-8:30 PM Kochel, Sean

## Beekeeping and Hive Management

This class is a continuation of the Beekeeping Basics course. You will learn the specific management skills for setting up and maintaining your hive throughout all seasons, caring for your bees, and harvesting your honey.

S-AN02 Hellgate EL/MID School \$57  
# Sessions-4 Day-Tu Th, 4/23-5/2  
6:00 PM-8:00 PM Kochel, Sean

## Small Acreage Farming 101

Do you have a few acres or even just one acre? Farming is completely possible on small parcels of land. We will cover basics of how to get started, how to utilize your land, what crops and animals work on small farms and how to make it as sustainable as possible. Your dream of living on a farm is only one class away! Bring a notebook and pencil.

S-AN13 Hellgate EL/MID School \$25  
# Sessions-1 Day-Tu, 2/12-2/12  
6:00 PM-9:00 PM Eisenman Turner, Erin

## Raising Chickens

Learn about what it takes to raise chickens for eggs and meat and just pure enjoyment. We'll cover basics such as: what are the regulations on keeping chickens, how to get chicks, housing, feed and the best breeds for our northern climate. We'll also answer questions about raising meat birds and butchering. If you're thinking about starting your own backyard flock, then this is a great class to get the basics!

S-AN03 Hellgate EL/MID School \$18  
# Sessions-1 Day-Mo, 3/11-3/11  
6:30 PM-8:30 PM Eisenman Turner, Erin

## Chinese Brush Painting

We will look at some historical examples of Chinese painting, become familiar with the philosophy and history of the implements used, and, begin to experiment with how they work. Using different types of Oriental paper and ink, we will work on several brush paintings- some of flowers and insects, and some of traditional Chinese landscapes. All materials provided.

A-PA27 Hellgate EL/MID School \$30  
# Sessions-1 Day-Th, 2/21-2/21  
6:00 PM-9:00 PM Morrison, Barbara

## Continuing Group Piano 102

If you have completed the first piano class (101, Book 1) or took lessons years ago and have retained the basics, then you are ready for this class. We will begin with the last two lessons in Book 101 and continue on to 101, Book 2. Lessons are designed to help you develop comprehensive practice strategies as well as how to develop your dexterity and playing ability. Students will gain a good knowledge of chords and how to play using a lead line and chords. Students will also learn to play in a number of different styles.

M-PI02 Hellgate EL/MID School \$109  
# Sessions-8 Day-Mo, 2/25-4/22  
6:30 PM-8:30 PM Johnson, Candy

**Be an Early Bird  
and Save \$5  
Per Class!**

**Register 7 Days Before a Class Starts and Save \$5 Per Class!**

**Register online [www.MissoulaClasses.com](http://www.MissoulaClasses.com)  
or call MCPS Adult Education at 549-8765**