

HELLGATE ELEMENTARY

Help out!?!?

Jr. Governor's Cup

GRADES 3-5 ROUTE

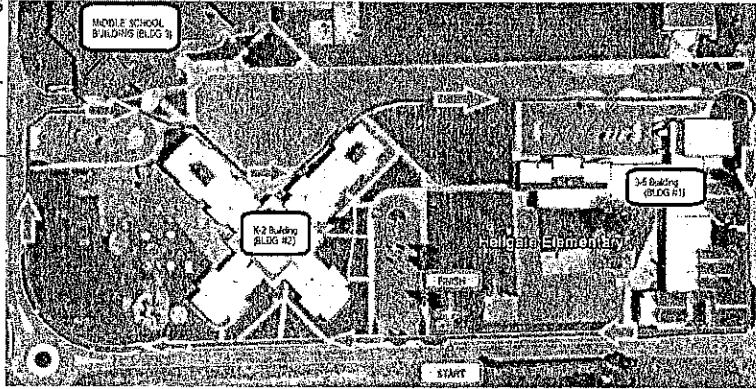
Date
TUESDAY
May 28th
2019

- Send Package of Water Cups
- Volunteer!!!
- Send a Package of Popsicles

NAME _____

PHONE # _____

- ❖ PARENTS ARE WELCOME TO RUN WITH THEIR CHILD FOR FUN!
- ❖ IPODS ARE ALLOWED!
- ❖ Please remember this is a FUN run!



Start Times:

- 3rd Grade: 1-3 PM
- 4th Grade: 10:15-11:30
- 5th Grade 8:45-10 AM

1st - 10th Place Boys & Girls Awards will follow 5 minutes after the last runner finishes!

Stay and cheer on ALL of our Hellgate Runners!!!



Track & field Days

Hellgate Elementary: Grades 3-5



Dear Parents,

"Track and Field Days" are fast approaching. The dates and times of each meet are listed below;

Track and Field Days

May 20th

3rd Grade Group 8:45 AM - 11:30 AM (Boys Field Events First)

4th Grade Group 1 PM - 3 PM (Boys Field Events First)

May 21st

5th Grade Group 8:45 AM - 11:30 AM (Boys Field Events First)

EVENTS

Running

- Hurdles
- 50m Dash
- 75m Dash
- 100m Dash
- Gunny Sack Race
- Legged Race
- *4 person Relay Race

Field

- Javelin Throw
- Frisbee Toss
- Softball Throw
- Comet Toss
- Long Jump 3
- *Class Tug-a-war
- *Time Permitting

We are going to be hosting the Track meet on the NEW Track! Come and join in the fun!

If you would like to volunteer please leave your name and phone number: Name _____ Phone # _____

Please come and celebrate the end of the school year by watching our young athletes! Thank you so much!

Derek Dungan
 ddungan@hellgate.k12.mt.us
 (406) 531-2169