

Hellgate Elementary Continuing Education Classes

Mandala Dot Art – Continuing

This class is for those who have completed the beginner level or those with some experience in mandala dotting art and are ready to more fully explore the wide variety of applications this art form can take. We will learn techniques for creating complex, intricate patterns, multiple colors selection, acrylic paint types (including working with metallic paint), dot layering, "walking the dots", corner dot "framing", removing guidelines, and sealing your work. You will then have the opportunity to duplicate the unique pattern you have created onto a larger garden stone as an accent your canvas... a lovely art set to take home. Materials will be supplied.

A-CR11 Hellgate EL/MID School \$23
Sessions-1 Day-Tu, 4/16-4/16
6:30 PM-8:30 PM Thorson, Barbara

Gentle Yoga

If you are looking for a relaxing yoga class incorporating gentle poses and stretches to relieve stress and anxiety, this class is for you. It will include detailed instructions which will deepen your awareness of proper alignment in each pose. This is an excellent class for beginners or those who prefer a slower and easier pace. Yoga mat required.

F-YOG01.11 Hellgate EL/MID School \$18
Sessions-8 Day-Mo, 5/6-6/3
5:30 PM-6:30 PM Rose, Amber

Beekeeping and Hive Management

This class is a continuation of the Beekeeping Basics course. You will learn the specific management skills for setting up and maintaining your hive throughout all seasons, caring for your bees, and harvesting your honey.

S-AN02 Hellgate EL/MID School \$57
Sessions-4 Day-Tu Th, 4/23-5/2
6:00 PM-8:00 PM Kochel, Sean

Chinese Brush Painting

We will look at some historical examples of Chinese painting, become familiar with the philosophy and history of the implements used, and, begin to experiment with how they work. Using different types of Oriental paper and ink, we will work on several brush paintings- some of flowers and insects, and some of traditional Chinese landscapes. All materials provided.

A-PA27 Hellgate EL/MID School \$30
Sessions-1 Day-we, 5/15-5/15
6:00 PM-9:00 PM Morrison, Barbara



Register 7 Days Before a Class Starts and Save \$5 Per Class!
Register online www.MissoulaClasses.com
or call MCPS Adult Education at 549-8765